

Eden Aldrich, RN

STANDING ORDER

**ALLERGIC REACTIONS
(Non-Anaphylactic)**

I. ASSESSMENT

- A. Obtain medical history of family allergies, previous allergic treatment or testing, when symptoms occur, what makes them better/worse.
- B. Assess for localized and systemic reactions to drugs, food, inhalants and materials.

II. MANAGEMENT

- A. Eliminate causative substances from environment/diet, if known.
- B. Apply hydrocortisone 1% cream BID to hives, rashes if RN feels appropriate, inmate able to KOP.
- C. If hives are present or skin rash is easily visible, complains of severe itching, may be given Benadryl 50 mg qid prn x 2 days then refer to provider.
- D. For symptoms of seasonal allergies (nasal congestion, red itchy eyes, sinus headache) give Loratadine 10 mg 1 tab point daily prn allergy symptoms x 1 year OR Cetirizine 10 mg 1 tab PO daily prn allergy symptoms x 1 year

III. EVALUATION

- A. If symptoms worsen after seven days or response is poor to oral medication, contact Facility Provider for instructions.